

APPENDIX B: eCCR Certification Form (Suggested Format)

Consumer Confidence Report Certification Form

(To be submitted with a copy of the CCR)

Water System Name:	Beale Air Force Base
Water System Number:	5810700

The water system named above hereby certifies that its Consumer Confidence Report was distributed on 26 and 27 June 2024 to customers (and appropriate notices of availability have been given). Further, the system certifies that the information contained in the report is correct and consistent with the compliance monitoring data previously submitted to the State Water Resources Control Board, Division of Drinking Water (DDW).

Certified by:

Name: Somvang Xayarath	Title: Bioenvironmental Engineer
Signature:	Date: 2 July 2024
Phone number: 530-634-2045	

To summarize report delivery used and good-faith efforts taken, please complete this page by checking all items that apply and fill-in where appropriate:

- ☐ CCR was distributed by mail or other direct delivery methods (attach description of other direct delivery methods used).
- ☒ CCR was distributed using electronic delivery methods described in the Guidance for Electronic Delivery of the Consumer Confidence Report (water systems utilizing electronic delivery methods must complete the second page).
- ☒ "Good faith" efforts were used to reach non-bill paying consumers. Those efforts included the following methods:
 - ☒ Posting the CCR at the following URL:
<https://www.beale.af.mil/Information/Units/Environmental-Information/>
 - ☐ Mailing the CCR to postal patrons within the service area (attach zip codes used)
 - ☐ Advertising the availability of the CCR in news media (attach copy of press release)
 - ☒ Publication of the CCR in a local newspaper of general circulation (attach a copy of the published notice, including name of newspaper and date published)
 - ☐ Posted the CCR in public places (attach a list of locations)

- ☒ Delivery of multiple copies of CCR to single-billed addresses serving several persons, such as apartments, businesses, and schools
- ☐ Delivery to community organizations (attach a list of organizations)
- ☐ Publication of the CCR in the electronic city newsletter or electronic community newsletter or listserv (attach a copy of the article or notice)
- ☐ Electronic announcement of CCR availability via social media outlets (attach list of social media outlets utilized)
- ☐ Other (attach a list of other methods used)
- ☐ *For systems serving at least 100,000 persons:* Posted CCR on a publicly-accessible internet site at the following URL: www._____
- ☐ *For privately-owned utilities:* Delivered the CCR to the California Public Utilities Commission

Consumer Confidence Report Electronic Delivery Certification

Water systems utilizing electronic distribution methods for CCR delivery must complete this page by checking all items that apply and fill-in where appropriate.

- ☐ Water system mailed a notification that the CCR is available and provides a direct URL to the CCR on a publicly available website where it can be viewed (attach a copy of the mailed CCR notification). URL: www._____
- ☒ Water system emailed a notification that the CCR is available and provides a direct URL to the CCR on a publicly available site on the Internet where it can be viewed (attach a copy of the emailed CCR notification). URL: https://www.beale.af.mil/Portals/110/1_%202023%20Beale%20AFB%20CA%20%28CA5810700%29%20CCR_1.pdf
- ☒ Water system emailed the CCR as an electronic file email attachment.
- ☐ Water system emailed the CCR text and tables inserted or embedded into the body of an email, not as an attachment (attach a copy of the emailed CCR).
- ☐ *Requires prior DDW review and approval.* Water system utilized other electronic delivery method that meets the direct delivery requirement.

Provide a brief description of the water system's electronic delivery procedures and include how the water system ensures delivery to customers unable to receive electronic delivery.

The Consumer Confidence Report was delivered electronically via two methods:

- 1) A weekly newsletter sent to all base personnel called the Beale AFB High Flyer, which contains a direct link to the report. Please see attached newsletter.
- 2) An email from the base housing office to all base housing residents which has the report as an attachment. Please see attached e-mail.

Also, the Consumer Confidence report can be found on the Beale AFB public website at: <https://www.beale.af.mil/Information/Units/Environmental-Information/>

*This form is provided as a convenience and may be used to meet the certification requirement of
section 64483(c) of the California Code of Regulations.*

2023 Consumer Confidence Report

Water System Information

Water System Name: Beale Air Force Base (CA5810700)

Report Date: 13 May 2024

Type of Water Source(s) in Use: Groundwater

Name and General Location of Source(s): Beale AFB groundwater originates from the Sierra Nevada Mountain range. Beale AFB has seven deep-water wells that draw water from an underground aquifer.

Drinking Water Source Assessment Information: The California Department of Public Health (CDPH) completed an assessment of our drinking water source in April 2001. In addition, in October 2005, Earth Tech Inc. prepared a "Drinking Water Source Assessment and Protection Plan/Wellhead Protection Plan" for Beale AFB. This assessment is For Official Use Only (FOUO). The Drinking Water Source Assessment Program required permitted sources to be evaluated for susceptibility to various potential contaminating activities. This evaluation was performed for all the base's seven well water sources in operation at that time. The evaluation indicated that the operation of a military installation ranks the highest among the potential contaminating activities.

Time and Place of Regularly Scheduled Board Meetings for Public Participation: Beale AFB holds semi-annual Drinking Water Working Group meetings in the Bioenvironmental Engineering office.

For More Information, Contact: Beale AFB Bioenvironmental Engineering Flight (530) 634-2045 from 0700-1600 Monday through Friday.

About This Report

We test the drinking water quality for many constituents as required by state and federal regulations. This report shows the results of our monitoring for the period of January 1 to December 31, 2023 and may include earlier monitoring data.

Importance of This Report Statement in Five Non-English Languages (Spanish, Mandarin, Tagalog, Vietnamese, and Hmong)

Language in Spanish: Este informe contiene información muy importante sobre su agua para beber. Favor de comunicarse Beale Air Force Base a 6604 B Street Bldg. 26180, Beale AFB, CA 95903 or 530-634-2045 para asistirlo en español.

Language in Mandarin: 这份报告含有关于您的饮用水的重要讯息。请用以下地址和电话联系 [Beale Air Force Base] 以获得中文的帮助: 6604 B Street Bldg. 26180, Beale AFB, CA 95903 or 530-634-2045.

Language in Tagalog: Ang pag-uulat na ito ay naglalaman ng mahalagang impormasyon tungkol sa inyong inuming tubig. Mangyaring makipag-ugnayan sa 6604 B Street Bldg. 26180, Beale AFB, CA 95903 o tumawag sa 530-634-2045 para matulungan sa wikang Tagalog.

Language in Vietnamese: Báo cáo này chứa thông tin quan trọng về nước uống của bạn. Xin vui lòng liên hệ Beale Air Force Base tại 6604 B Street Bldg. 26180, Beale AFB, CA 95903 or 530-634-2045 để được hỗ trợ giúp bằng tiếng Việt.

Language in Hmong: Tsab ntawv no muaj cov ntsiab lus tseem ceeb txog koj cov dej haus. Thov hu rau Beale Air Force Base ntawm 6604 B Street Bldg. 26180, Beale AFB, CA 95903 or 530-634-2045 rau kev pab hauv lus Askiv.

Terms Used in This Report

Term	Definition
Level 1 Assessment	A Level 1 assessment is a study of the water system to identify potential problems and determine (if possible) why total coliform bacteria have been found in our water system.
Level 2 Assessment	A Level 2 assessment is a very detailed study of the water system to identify potential problems and determine (if possible) why an <i>E. coli</i> MCL violation has occurred and/or why total coliform bacteria have been found in our water system on multiple occasions.
Maximum Contaminant Level (MCL)	The highest level of a contaminant that is allowed in drinking water. Primary MCLs are set as close to the PHGs (or MCLGs) as is economically and technologically feasible. Secondary MCLs are set to protect the odor, taste, and appearance of drinking water.
Maximum Contaminant Level Goal (MCLG)	The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs are set by the U.S. Environmental Protection Agency (U.S. EPA).
Maximum Residual Disinfectant Level (MRDL)	The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
Maximum Residual Disinfectant Level Goal (MRDLG)	The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.
Primary Drinking Water Standards (PDWS)	MCLs and MRDLs for contaminants that affect health along with their monitoring and reporting requirements, and water treatment requirements.
Public Health Goal (PHG)	The level of a contaminant in drinking water below which there is no known or expected risk to health. PHGs are set by the California Environmental Protection Agency.
Regulatory Action Level (AL)	The concentration of a contaminant which, if exceeded, triggers treatment or other requirements that a water system must follow.
Secondary Drinking Water Standards (SDWS)	MCLs for contaminants that affect taste, odor, or appearance of the drinking water. Contaminants with SDWSs do not affect the health at the MCL levels.
Treatment Technique (TT)	A required process intended to reduce the level of a contaminant in drinking water.

Term	Definition
Variances and Exemptions	Permissions from the State Water Resources Control Board (State Board) to exceed an MCL or not comply with a treatment technique under certain conditions.
ND	Not detectable at testing limit.
ppm	parts per million or milligrams per liter (mg/L)
ppb	parts per billion or micrograms per liter (µg/L)
ppt	parts per trillion or nanograms per liter (ng/L)
ppq	parts per quadrillion or picogram per liter (pg/L)
pCi/L	picocuries per liter (a measure of radiation)

Sources of Drinking Water and Contaminants that May Be Present in Source Water

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

- Microbial contaminants, such as viruses and bacteria, that may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.
- Inorganic contaminants, such as salts and metals, that can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.
- Pesticides and herbicides, that may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.
- Organic chemical contaminants, including synthetic and volatile organic chemicals, that are byproducts of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, agricultural application, and septic systems.
- Radioactive contaminants, that can be naturally-occurring or be the result of oil and gas production and mining activities.

Regulation of Drinking Water and Bottled Water Quality

In order to ensure that tap water is safe to drink, the U.S. EPA and the State Board prescribe regulations that limit the amount of certain contaminants in water provided by public water systems. The U.S. Food and Drug Administration regulations and California law also establish limits for contaminants in bottled water that provide the same protection for public health.

About Your Drinking Water Quality

Drinking Water Contaminants Detected

Tables 1, 2, 3, 4, 5, 6, and 8 list all of the drinking water contaminants that were detected during the most recent sampling for the constituent. The presence of these contaminants in the water does not necessarily indicate that the water poses a health risk. The State Board allows us to monitor for certain contaminants less than once per year because the concentrations of these contaminants do not change frequently. Some of the data, though representative of the water quality, are more than one year old. Any violation of an AL, MCL, MRDL, or TT is asterisked. Additional information regarding the violation is provided later in this report.

Table 1. Sampling Results Showing the Detection of Coliform Bacteria

Microbiological Contaminants	Highest No. of Detections	No. of Months in Violation	MCL	MCLG	Typical Source of Bacteria
<i>E. coli</i>	0	N/A	(a)	0	Human and animal fecal waste

(a) Routine and repeat samples are total coliform-positive and either is *E. coli*-positive or system fails to take repeat samples following *E. coli*-positive routine sample or system fails to analyze total coliform-positive repeat sample for *E. coli*.

Table 2. Sampling Results Showing the Detection of Lead and Copper

Lead and Copper	Sample Date	No. of Samples Collected	90 th Percentile Level Detected	No. Sites Exceeding AL	AL	PHG	Typical Source of Contaminant
Lead (ppb)	August 2021	20	0	0	15	0.2	Internal corrosion of household water plumbing systems; discharges from industrial manufacturers; erosion of natural deposits
Copper (ppm)	August 2021	20	0.061	0	1.3	0.3	Internal corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives

Table 3. Sampling Results for Sodium and Hardness

Beale AFB is not required to monitor for sodium and hardness for treated water. Monitoring is conducted for raw (untreated) water at each of the wells every 9 years, there have been no MCL exceedances for either constituent.
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Table 4. Detection of Contaminants with a Primary Drinking Water Standard

Chemical or Constituent (and reporting units)	Sample Date	Level Detected	Range of Detections	MCL [MRDL]	PHG (MCLG) [MRDLG]	Typical Source of Contaminant
Fluoride (naturally occurring) (mg/L) ¹	2023	0.1	<0.1-0.1	2	1	Erosion of natural deposits; water additive that promotes strong teeth; discharge from fertilizer and aluminum factories
Chlorine (mg/L)	2023	1.13	0.74-1.13	4	4	Drinking water disinfectant added for treatment
TTHMs [Total Trihalomethanes] (µg/L)	August 2023	18	18	80	N/A	Byproduct of drinking water disinfection
HAA5 [Haloacetic Acids] (µg/L)	August 2023	13	13	60	N/A	Byproduct of drinking water disinfection

¹ Our water system treats your water by adding fluoride to the naturally occurring level to help prevent dental caries in consumers. State regulations require the fluoride levels in the treated water be maintained within a range of 0.6-1.2 mg/L with an optimum dose of 0.7 mg/L. Our monitoring showed that the fluoride levels in the treated water ranged from 0.7-0.9 mg/L with an average of 0.77 mg/L. Information about fluoridation, oral health, and current issues is available from: http://www.swrcb.ca.gov/drinking_water/certlic/drinkingwater/Fluoridation.shtml.

Table 5. Detection of Contaminants with a Secondary Drinking Water Standard

Chemical or Constituent (and reporting units)	Sample Date	Level Detected	Range of Detections	SMCL	Typical Source of Contaminant
Iron (µg/L)	2023	100	100	300	Leaching from natural deposits; industrial wastes
Manganese (µg/L)	2023	30	20-30	50	Leaching from natural deposits

Table 6. Detection of Unregulated Contaminants

If an effort to ensure the safest water possible, the U.S. Air Force has required the monitoring for additional contaminants not required by State regulations. Below are the results:

Chemical or Constituent (and reporting units)	Sample Date	Level Detected	Range of Detections	Notification Level	Health Effects
Perfluorooctanoic Acid (PFOA)	March 2021	ND	N/A	70 ppt	PFOS and PFOA are man-made compounds often used to make carpets, fabrics for furniture, clothing, paper packaging for food, firefighting foam and items resistant to water, grease, fire, and stains.
Perfluorooctanesulfonic Acid (PFOS)	March 2021	ND	N/A	70 ppt	

Additional General Information on Drinking Water

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline (1-800-426-4791).

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. U.S. EPA/Centers for Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Lead-Specific Language: If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Beale AFB is responsible for

providing high quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you do so, you may wish to collect the flushed water and reuse it for another beneficial purpose, such as watering plants. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline (1-800-426-4791) or at <http://www.epa.gov/lead>.

Summary Information for Violation of a MCL, MRDL, AL, TT, or Monitoring and Reporting Requirement

Table 7. Violation of a MCL, MRDL, AL, TT or Monitoring Reporting Requirement

Violation	Explanation	Duration	Actions Taken to Correct Violation	Health Effects Language
None	N/A	N/A	N/A	N/A

For Water Systems Providing Groundwater as a Source of Drinking Water

Table 8. Sampling Results Showing Fecal Indicator-Positive Groundwater Source Samples

Microbiological Contaminants (complete if fecal-indicator detected)	Total No. of Detections	Sample Dates	MCL [MRDL]	PHG (MCLG) [MRDLG]	Typical Source of Contaminant
<i>E. coli</i>	0	0	0	(0)	Human and animal fecal waste
Enterococci	0	0	TT	N/A	Human and animal fecal waste
Coliphage	0	0	TT	N/A	Human and animal fecal waste

Summary Information for Fecal Indicator-Positive Groundwater Source Samples, Uncorrected Significant Deficiencies, or Violation of a Groundwater TT

Special Notice of Fecal Indicator-Positive Groundwater Source Sample: Beale AFB did not have any special notices for positive fecal indicator in groundwater samples in 2023.

Special Notice for Uncorrected Significant Deficiencies: Beale AFB did not have any special notices for uncorrected significant deficiencies in 2023.

Table 9. Violation of Groundwater TT

Violation	Explanation	Duration	Actions Taken to Correct Violation	Health Effects Language
None	N/A	N/A	N/A	N/A

Summary Information for Revised Total Coliform Rule Level 1 and Level 2 Assessment Requirements

If a water system is required to comply with a Level 1 or Level 2 assessment requirement that is not due to an *E. coli* MCL violation, include the following information below [22 CCR section 64481(n)(1)].

Level 1 or Level 2 Assessment Requirement not Due to an *E. coli* MCL Violation

During the past year we were required to conduct one Level 1 assessment and one Level 1 assessment was completed. This assessment was completed in response to a sampling error that resulted in two samples being positive for total coliform within a 30-day period. Follow-up sampling for total coliform was negative and there were no potential health impacts. In addition, we were required to take one corrective action and we completed this action as required.



BEALE
AIR FORCE BASE

WEEKLY

HighFlyer

FaceBook:

[Beale AFB](#)

[Beale 9 FSS](#)

[Beale 9 MDG](#)

[Beale Question
and Answer](#)

Websites:

[Beale.af.mil](#)

[Bealefss.com/con
nect](#)

[CGOC Events](#)

APP:

[AF Connect](#)

The information in this document is provided as a resource and does not constitute an endorsement by Beale Air Force Base, the United States Air Force, or the Department of Defense of the external website, or the information, products, or services contained therein. Requests must be submitted to PA office no later than noon on Wednesday. Please provide text. Only essential information and no graphics or PDF's will be included.

FSS EVENTS - www.bealefss.com; <https://www.facebook.com/Beale9FSS>; <http://www.bealefss.com/recce-magazine>.

Photo Highlight of the Week:



U.S. Air Force Airman Josephine Killey, 9th Aircraft Maintenance Squadron crew chief apprentice, replaces the red pins on a U-2 Dragon Lady during its recovery at Beale Air Force Base, California, June 18, 2024. Replacing the pins during recovery is a crucial step to prevent accidental activation of systems while maintainers work on or around the aircraft. (U.S. Air Force photo by Staff Sgt. Shaei Rodriguez)



Calendar
of Events

June/July

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27 AA Meeting MyEducation Track Seminar Intel Brief	28	29
30	1	2	3	4 HOLIDAY	5	6

BEALE ENVIRONMENTAL REPORT

Drinking water quality is tested annually for many constituents as required by state and federal regulations. This report shows the results of this monitoring for the period of 1 Jan. to 31 Dec. 2023. No violations were found to any EPA primary or secondary drinking water standards. [Click here for the annual drinking water quality report.](#)

BEALE INNOVATION

The Beale Innovation Team is looking for technically skilled or interested members (military, civilian, spouse) to tackle problems across base. Fill out the interest survey and join us during our bi-weekly meetings at BLDG 2529 on Thursday starting 11th July at 1530. Reach out at 9MSG.CCX.BealeInnovationForge@us.af.mil or 530-634-2109/2906.



BASE EVENTS

USDA Food Drive

Every 2nd and 4th Wednesday of every month
0830
17800 B St. (bldg. 2179)
For questions, call 530-634-3339/4400

MyEducation Track Seminar

Thursday, 27 June

0900-1500

Beale Education Center

MyEducation Track is a day-long seminar designed to guide students through the variety of decisions involved in choosing a degree program, college institution, funding sources, and completing the admissions process. POC: Josie Adney, josie.adney@us.af.mil.

Intel Quarterly Brief (Updated)

Thursday, 27 June

0900-1000: OG + MDG

1000-1100: MXG

1100-1200: MSG + Wing Staff Agencies + Other Cleared Individuals

Base theater (Independence Hall)

This briefing will be at the SECRET level and is expected to run ~30 minutes with time for questions. Squadron SSRs/USRs must provide Capt Melissa Crotts and TSgt Dora Saladee a Security Clearance Verification Memo prior to attendance. Members must have CACs and be on the Security Clearance Verification Memo for entry.

9 RW Change of Command

Tuesday, 9 July

0909

Dock 8

Family Advocacy Anger and Irritability Management Skills (AIMS)

Wednesdays, now - 21 August & 25 September – 13 November

1500-1600

Clinic (Family Advocacy)

Participants will complete 8 online modules and meet for 8 group sessions to enhance learning and practice skills. Registration required. POC: Family Advocacy, 530-634-3423

VOLUNTEER OPPORTUNITY

Paid & Volunteer Opportunities

[BealeJobs](#) | [Beale AFB Military & Family Readiness Center \(jobboardhq.com\)](#)

POC: Amy Oliveri-Ash, Volunteer Resources Program, 634-2863



Volunteers for The Beale Uniform Room

Volunteers are needed during Thrift Store operating hours to sort uniform items, but after-hours assistance is also appreciated. Contact TSgt Michelle Lee, michelle.lee.13@us.af.mil for more information.

Sutter County Museum Volunteer

The Sutter County Museum requests service members who are great with kids to do story time, paint and test airplanes, and spend time with kids between the ages of 4-11 at their Fun Friday event, July 5 from 9-10am. For more info, contact the M&FRC at 634-2863.

Sacramento International Airport (SMF) K9 Decoy Volunteers Needed

The Transportation Safety Administration / Sacramento Sheriff's EDC Unit needs volunteer K9 decoys in support of the K9 Unit at the Sacramento International Airport. As a K9 decoy, you will work directly with the Sacramento County Sheriff K9 deputies. For more information and to sign up, go to Sign Up Genius

(<https://www.signupgenius.com/go/805094DAEAA22A1FA7-sacramento>) or contact MSgt Sue Johnson, susanna.johnson.1@us.af.mil.

MISCELLANEOUS

Beale SWORD ATHENA/WIT will be hosting a women's maternity uniform drive! Keep an eye out for decorated boxes located at the CDC, BX, and Youth Center! Feel free to donate and share this drive to support Beale's expecting mothers.

POC: 1st Lt Crow (catherine.crow.1@us.af.mil) or Maj Walker (britne.walker@us.af.mil).

Health Promotion Group Classes

No Referral Needed! Call the Appointment Line at 530-634-2941 to register. All classes are located at the Education Center.

- **BEST Self-** 1st, 2nd, & 3rd Tuesday, 0800-0900 (must attend all 3 sessions).
A 3-class program designed to help individuals seeking to lose or maintain their weight and enjoy an overall healthy lifestyle.
- **Active Families-** 1st Tuesday, 1300-1400
Discover the art of balancing nutrition, fitness, and stress management for your little ones. Engage in a whole-body approach to family health that fosters life-long health.
- **Heart Healthy-** 2nd Tuesday, 1300-1400

Delve into the foundations of cardiovascular wellness and explore nutrition essentials and lifestyle choices that support a strong heart.

- **Diabetes Wellness-** *3rd Tuesday at 1300-1400*

A comprehensive guide to managing diabetes through the pillars of nutrition, fitness, and stress management.

- **FIT IN 42:** *Mon, Wed, Fri, 0600-0700 at Base Track*

A run-based, strength conditioning program that will progress over six weeks. This is a cyclic program, so a person may join at any time. A great option for people who are high risk for their fitness test, recently off profile and unconditioned, or interested in improving their fitness. AF or civilian PT gear and bring water.

- **RUN CLINIC:** *1st Thursday, 0600-0700 at Base Track*

An interactive running clinic to help you understand the muscular strength needed to run and correct running form to help improve your cardiovascular training. AF or civilian PT gear and bring water.

From: [Merritt, Danielle N Lt Col USAF 9 MDG \(USA\)](#)
To: [Xayarath, Somvang \(Sam\) Maj USAF DHA BEALE 9TH MDG \(USA\)](#)
Subject: Fwd: Beale AFB Homes-Drinking Water Quality Report
Date: Wednesday, June 26, 2024 4:56:31 PM
Attachments: [2023 Beale AFB CA \(CA5810700\) CCR.pdf](#)

I'm sending this from my phone. Let me know if the attachment doesn't come with it!

From: "Danielle Me" <dnm.usaf@gmail.com>
Date: Wednesday, June 26, 2024 at 16:53:35
To: "Merritt, Danielle N Lt Col USAF 9 MDG (USA)" <danielle.n.merritt.mil@health.mil>
Subject: Fwd: Beale AFB Homes-Drinking Water Quality Report

Send to Maj X

----- Forwarded message -----

From: **Beale AFB Homes** <no-reply@rentcafe.com>
Date: Wed, Jun 26, 2024 at 16:46
Subject: Beale AFB Homes-Drinking Water Quality Report
To: <dnm.usaf@gmail.com>



Dear Danielle,

Please take a look at the attached water quality report for Beale.

If you have any questions, please contact bio-environmental at 530-634-2045.

Best,

The Management Team of Beale AFB Homes

CONTACT INFO

[17860 Warren Shingle Road](#)
[Beale AFB, CA 95903](#)

(530) 788-9500

THE INFORMATION CONTAINED IN THIS MESSAGE AND ANY ATTACHMENT MAY BE PRIVILEGED, CONFIDENTIAL, PROPRIETARY OR OTHERWISE PROTECTED FROM DISCLOSURE. If the reader of this message is not the intended recipient, you are hereby notified that any dissemination, distribution, copying or use of this message and any attachment is strictly prohibited. If you have received this message in error, please notify the sender and permanently delete it from your computer and destroy any printout thereof.

[17860 Warren Shingle Road](#), Beale AFB, [CA 95903](#)

This email was sent to dnm.usaf@gmail.com. To ensure you continue receiving our emails, please add us to your address book or safe list. You can opt out of email notifications from Beale AFB Homes [clicking here](#). You can opt out of all email notifications from Balfour Beatty Communities, LLC [clicking here](#).